

About Deborah Poland

Deborah Poland is a licensed esthetician, holistic skincare practitioner and founder of the Skin 2NV spa.

While working with her clients, many of them told her that their dermatologists rarely looked at the causes of skin conditions. They were frustrated at getting an expensive prescription and not seeing any results. Deborah's clients appreciate her approach of treating the whole body and addressing the root cause of their skin conditions.

When she is not working at one of her two skincare businesses, she likes to watch sports, play golf, read and work out. Deborah has a degree in Special Education from The University of Tennessee at Chattanooga. She holds many advanced certifications in skin care treatments and is currently enrolled in a graduate program in Nutrition at Liberty University.

She lives outside Nashville, TN and is the mother of three grown children.

